

## Workplace Violence & Aggression Experience Response Form



Employee name: .....

What's your colour?

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From your perspective what incident occurred?

What is/has been your emotional response following the incident?

What could we do to support you to maintain your positive mental health within the workplace?

What self-management strategies might assist you in maintaining your positive mental health both within the workplace and at home?

**Thank you for taking the time to express your experience.**

**We value the contribution and experience of our team members and are committed to supporting your health and wellbeing within the workplace.**

Your manager will follow up with you regarding your experience.